**Why a Catholic would follow their Conscience to make a moral decision**

The Church teaches that in the depths of our being, each person detects a law which has not come from ourselves, but which we must obey. This law urges us to love good and avoid evil.

It is the voice of **conscience** and, at times, it gives specific such as – do this, avoid that. This law is written in our hearts by God. To obey it is the highest point of honour and we will be judged by it.

**Why a Catholic would follow the Bible to make a moral decision.**

The Bible is the word of God and so is God’s guidance to humans about how to make decisions.

The Bible contains God’s teachings on how Christians should behave. The Ten Commandments, for example, gives very clear guidance on such as; *“You shall not kill. You shall not steal”*

The Bible records events in the life of Jesus. This means many Christians ask themselves how Jesus would behave in this situation and then follow his example.

**The Ten Commandments**

1. I am the Lord your God. You shall not use false gods instead of me.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Sabbath.
4. Honour your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against you neighbour.
9. You shall not covet your neighbour’s spouse.
10. You shall not covet your neighbour’s goods.

**Sources that Catholics use to make a moral decision**

**Church –** the community of Catholics that follow the teachings of the Pope

**Bible –** the holy books for Christians

**Conscience –** our inner voice that tells us right from wrong

**Situation Ethics –** choose to do the most loving thing

**How do I know what’s right and wrong?**