

St Joseph's College, Physical Education Department

Year 11 Reading List 2022/23

	Title	Author	Type	Sport
11	Muhammad Ali: His Life and Times	Hauser, Thomas	Biography	Boxing
11	Fever Pitch: A Fan's Life	Hornby, Nick	Fiction	Football
11	Beware of the Dog	Moore, Brian	Biography	Rugby
11	Into Thin Air: A personal account of the Mt. Everest disaster	Krakauer, Jon	Non-Fiction	Mountaineering
11	The Boy on the Shed	Ferris, Paul	Autobiography	Football
11	Born to Run: A Hidden Tribe	McDougall, Christopher	Non-Fiction	Running
11	My Life and Rugby	Jones, Eddie	Autobiography	Rugby
11	The Autobiography	Cook, Alistair	Autobiography	Cricket
11	The Rise of the Ultra Runners	Finn, Adharanand	Autobiography	Running
11	Grace, Gold & Glory: My Leap of Faith	Douglas, Gabrielle	Autobiography	Gymnastics
11	The Greatest: The Quest for Sporting Perfection	Syed, Matthew	Non-Fiction	General
11	Jog On: How Running Saved my Life	Mackie, Bella	Autobiography	Running

