

St Joseph's College, Physical Education Department

Year 12 Reading List 2022/23

	Title	Author	Type	Sport
12	Basketball (and other things)	Serrano, Shea	Non-Fiction	Basketball
12	Bounce	Syed, Matthew	Non-Fiction	General
12	Soccernomics	Kuper, Simon	Non-Fiction	Football
12	Sport: A Very Short Introduction	Cronin, Mike	Non-Fiction	General
12	The Damned United	Pearce, David	Fiction	Football
12	Friday Night Lights	Bissinger, H.G.	Non-Fiction	American Football
12	The Nowhere Men: The unknown story of Football's true talent spotters	Calvin, Michael	Non-Fiction	Football
12	The Girl on the Dancing Horse	Dujardin, Charlotte	Autobiography	Equestrian
12	The Art of Resilience	Edgley, Ross	Autobiography	Swimming
12	Cooking for Fitness	Haskell, James	Non-Fiction	Nutrition
12	The Champion's Comeback: How Great Athletes Recover, Reflect and Reignite	Afremow, Jim	Non-Fiction	General
12	The Champion's Mind: How Great Athletes Think, Train and Thrive	Afremow, Jim	Non-Fiction	General