



- \* Eating For England – Nigel Slater
- \* Julie & Julia - Julia Powell
- \* Scoff – Pen Vogler
- \* Toast – Nigel Slater
- \* Mary Berry – Recipe for Life
- \* How Food Works – The Facts Visually Explained
- \* The Science of Cooking – Dr Stuart Farrimond
- \* Cooked – Michael Pollan

- \* AQA GCSE Food Preparation & Nutrition – Anita Tull
- \* The Missing Ingredient – Penny Linford
- Gastro Physics – Charles Spence
- \* Salt, Fat, Acid, Heat – Samin Nosrat

**GCSE – FOOD PREPARATION & NUTRITION**  
**'WIDER READING'**