



Signposts to success

Year 10 Parents' Information Evening

Thursday 22nd June 2023



Prayer

Speaking this evening...

- Charlotte Slattery - Deputy Head Teacher
- Bethany Sealey - Head of Year 10
- Charlotte Appleyard - Director of Progress



Attendance & Mental Health



School Attendance

- 90% attendance = $\frac{1}{2}$ day missed every week
- A school year at 90% = 4 weeks of lessons missed
- 90 % attendance over 5 school years = $\frac{1}{2}$ a school year missed
- Below 90% is categorised as persistent absence
- It is suggested that 17 missed school days a year = one GCSE grade drop in achievement



Mental health

- **It's normal for children and young people to have worries and fears**
- **But all too often these worries and fears can develop into a problem that affects their mental health**
- **1 in 4 children and young people have a mental health problem. Most mental health problems start in the teenage years, so it is important to get help as soon as you can**
- **Good mental health, like good physical health, is important for everyone**



Factors and Signs

Factors that might affect mental health	Signs to look out for
<ul style="list-style-type: none">• Illness of self or others• Exam pressure• Historic events• Family relationships• School issues - friendships• Bereavement and loss• Low self esteem• Feeling lonely/isolated• Communication difficulties	<ul style="list-style-type: none">• Change in mood• Self harm• Struggling to concentrate• Poor effort• Behaviour• Failure to meet deadlines and targets• Not wanting to attend school• Quiet/low mood/upset• Wanting to be on their own• Social anxiety• Changes in sleeping and/or eating habits• Tearful



Support available for the child

- If children are happy and healthy and mentally well then their academic success will follow

School staff

School nurse

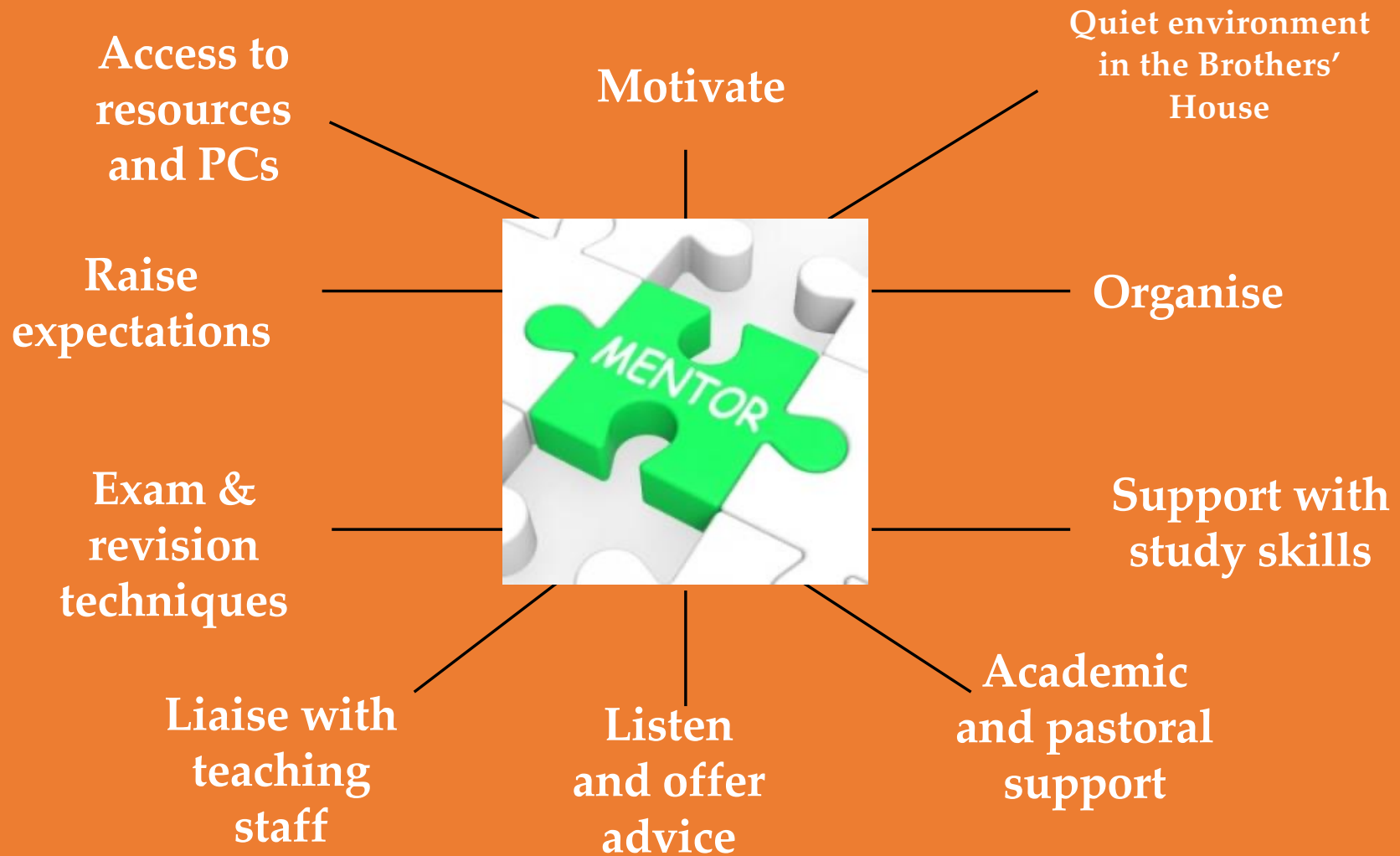
GP

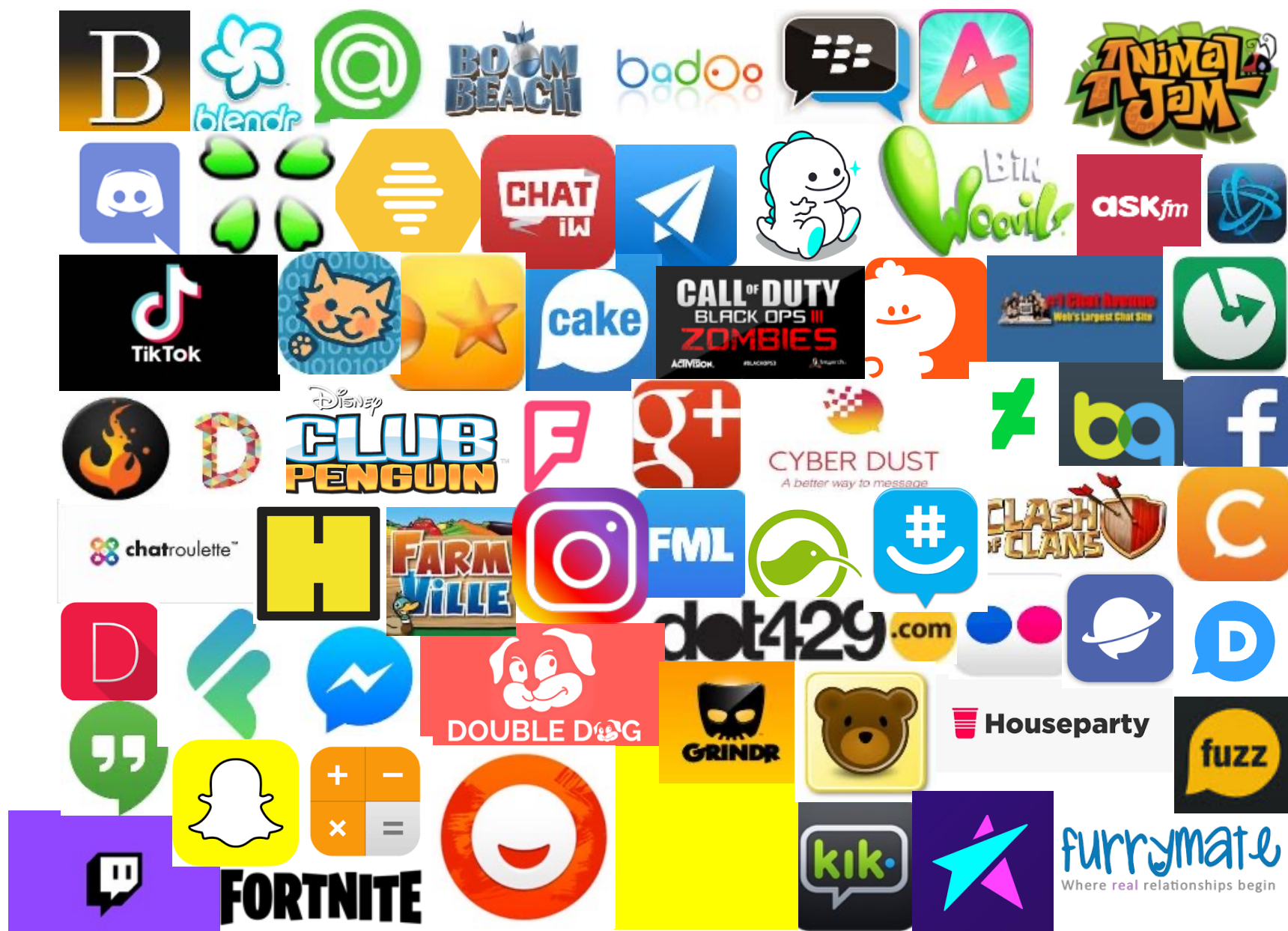
Counselling

Child and Adolescent Mental
Health Service



Learning Mentors







Head of Year Bethany Sealey



The jump to KS4

The transition between KS3 and KS4 might not feel the same as KS2 to KS3 transition, but it is still just as 'big' in many ways.

This time of change is hugely significant, and it is important that we all get it right.

The key to success in this transition is to **be prepared**.

The more students can be prepared and start to build good habits, even from the start of N10, then the easier they will find the jump to KS4.





Back to basics

Building good habits



Packing bags and organising equipment



Creating a home learning timetable



Developing good habits around reading



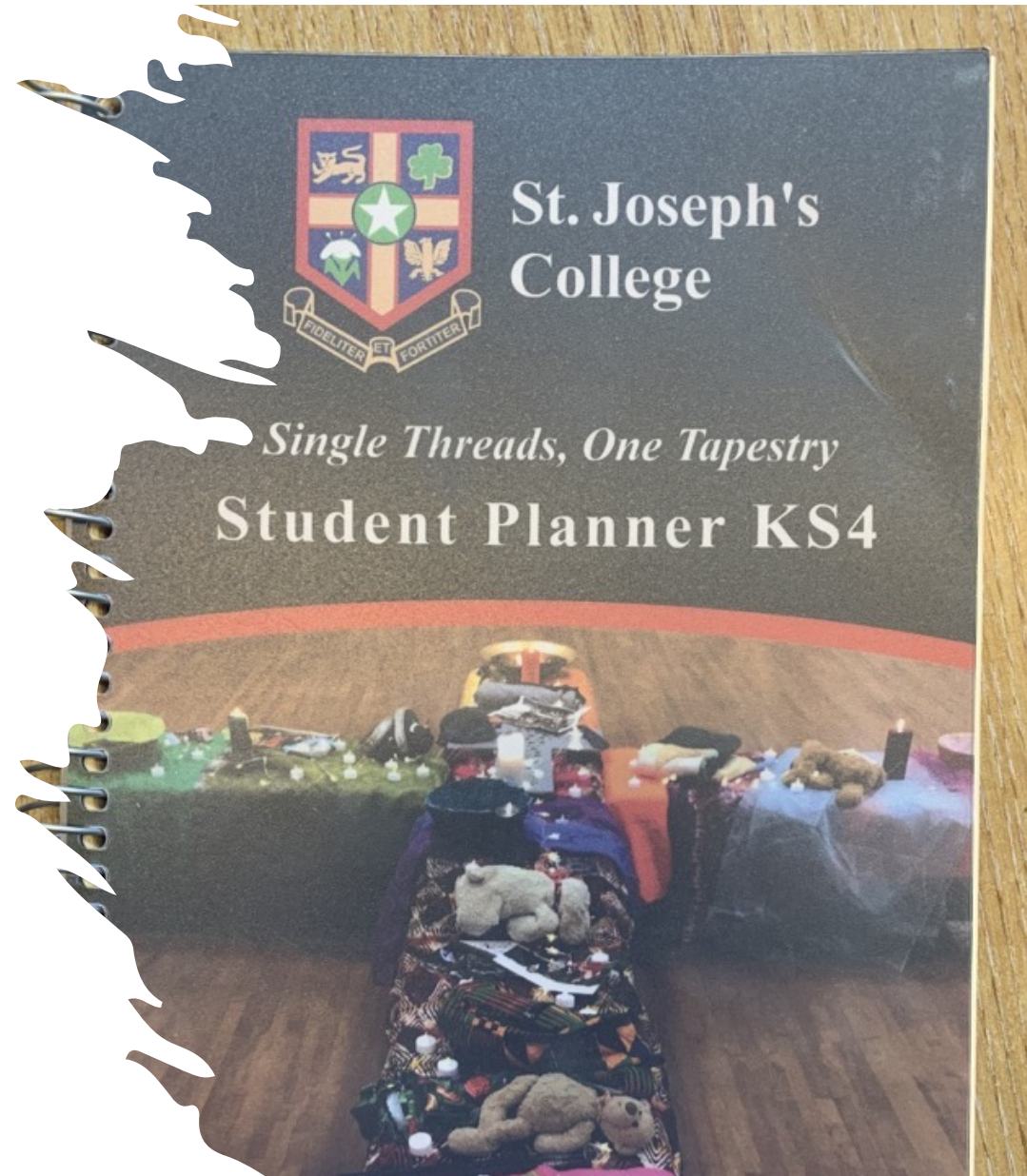
Understanding effective revision strategies and utilising them early on



Making the most of the opportunities available in order to thrive and be prepared for the future

Using the KS4 Planner effectively

- At KS4, the planner should be a **summary** of the day in school
- In year 10 it is an exam resource and will make a **significant difference** in helping your son/daughter prepare for their GCSEs.



Routine is the key to success

- Independent study is absolutely vital
- Plan this time wisely – consider two separate hours (e.g. an hour before evening meal and one after) Use time before school/at lunchtime/immediately after school if necessary
- Consider relaxation activities
- Produce a timetable which includes all subjects
- Prioritise home learning tasks set by teachers
- Revise 'day by day and week by week'



We need your help...

- Help us to express to students that home learning is home learning. Encourage hard work and focus at home and greater resilience
- Some students still need a lot of help with organisation; we want our students to be independent, but they also need to be reminded of good routines
- Having said that, foster independence at KS4




We need your help...

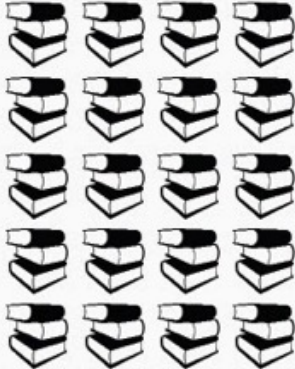


- Take an active interest in your child's progress
- Monitor your child's social media/ mobile phone time
- Monitor (and limit if needs be) other commitments





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- A foundation maths paper requires a reading age of 15 in order to access and comprehend the words in the question
 - Reading, like any skill, must be continually practised. It isn't just about being able to read, reading skills can regress
 - The brain, like any organ or muscle, must be exercised to avoid decline and reading is a brilliant way of doing so
 - At St Joseph's, we recommend that students read for at least 20 minutes every night

WHY READ 20 MINUTES AT HOME?

Student A Reads	Student B Reads	Student C Reads
❖ 20 minutes per day.	❖ 5 minutes per day.	❖ 1 minute per day
❖ 3,600 minutes per school year.	❖ 900 minutes per school year.	❖ 180 minutes per school year.
❖ 1,800,000 words per year.	❖ 282,000 words per year.	❖ 8,000 words per year.
		
❖ Scores in the 90 th percentile on standardized tests.	❖ Scores in the 50 th percentile on standardized tests.	❖ Scores in the 10 th percentile on standardized tests.

If they start reading for 20 minutes per night in Kindergarten, by the end of 6th grade, Student A will have read for the equivalent of 60 school days, Student B will have read for 12 school days, and Student C will have read for 3.

(Kerry and Herman, 1987.)

WANT TO BE A BETTER READER? SIMPLY READ.

Reading as a life skill

Reading aids cognitive development

Regular readers have better memories and a better ability to focus (and for longer periods of time)

Regular readers have a better vocabulary (a skill assessed in many GCSEs, but is also important for future job prospects)

Reading is scientifically proven to decrease stress, anxiety and depression (by 68%)

Regular reading even decreases cognitive decline in older people (it can add approximately two years to your life)

Reading aids the skill of empathy

Being well prepared also means
that students will be able to
grasp the opportunities
available to them at St Joseph's
in KS4.

Eight Essentials of Edmund Rice Education

EVANGELISING THE MODERN WORLD

Participating in the mission of the Catholic Church by bringing the Good News of Christ to all aspects of the life of the school community, and in dialogue with youth and contemporary culture, thus fulfilling the specific calling of the Congregation of Christian Brothers: 'The Evangelisation of youth through the Apostolate of Christian Education'



PROMOTING THE SPIRITUAL

Nurturing a living faith, fostering Christian spirituality, educating in Gospel-based values, living beyond the material dimension



BUILDING A CHRISTIAN COMMUNITY

Growing as a school community in which the quality of care and relationships is Christ-inspired, based on mutual respect, self-sacrifice, and fully human dignity

COMPASSION FOR THOSE IN NEED

Showing, in the spirit of Blessed Edmund Rice, particular love and concern towards the weakest members of the school community and reaching out beyond the school in compassion and practical action for the poor and marginalised both locally and internationally

CONCERN FOR THE WHOLE PERSON

Centering the curriculum, opportunities and challenges of the school on the balanced and integrated development of its students, and staff, across all the positive dimensions of personal growth - religious, moral, intellectual, cultural, physical and social

STRIVING FOR EXCELLENCE

Encouraging each individual to use his or her talents to the full, whether academic, cultural, or physical, and pursuing the highest standards in all aspects of learning, teaching and extracurricular endeavour

EDUCATION AS A CHRISTIAN CALLING

Valuing and enabling the role and vocation of Christian teachers and support staff as a calling from God and a sharing in the Church's mission

EDUCATION FOR JUSTICE

Inspiring the minds and hearts of the young to care for all God's creation and build a more just society, God's kingdom on earth, and developing in them the talents for active citizenship and transformational leadership



Fifteen minutes of Faith



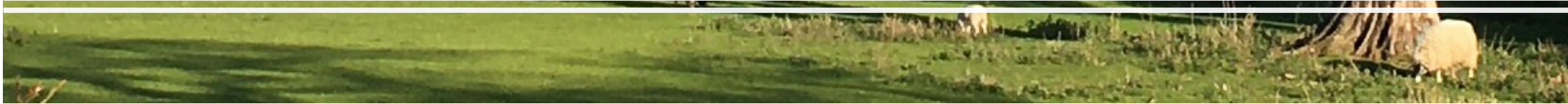


Helping Families
in Our Community





Savio House





Test week- Week beginning 25th September 2023

Sixth form open evening- 9th November 2023

Year 10 exams- 11th-15th March 2024

Savio Retreat- 15th-19th April 2024

Parents' Evening- 16th May 2024

Work Experience- 20th-24th May 2024

Sixth Form Taster Sessions- 28th June



Work Experience

20th -24th May 2024



ACCESS ALL THE TOOLS BELOW

Exploring pathways

Interests profile

✓ Quiz last taken 8 Mar 22: S and E and C

Start >

Personality profile

✓ Quiz last taken 18 Feb 22: ENFP

Start >

Work environments profile

✓ Quiz last taken 7 Mar 22

Start >

Careers library

✓ Careers favourited

Go to tool >

Subjects library

✓ Subjects favourited

Go to tool >

Know-how library

✓ Guides favourited

Go to tool >

MOOC

You have [1 shortlist](#)

Start >

Webinars

Hear directly from the experts

Go to tool >

Read, Watch, Listen

✓ Profiles favourited

Start >



1. Progress, reporting and MEGs

2. satchel:one



Year 10 Minimum Expected Grades 'MEGs'

- **St Joseph's College sets MEGs for all students in year 10**
- **MEGs are set using national data, allowing us to challenge our GCSE students in line with the top 25% of schools nationally**
- **Due to the pandemic, ALPS is using CAT4 test scores as opposed to KS2 SATS scores this year**

Report Layout

Name: A. Student

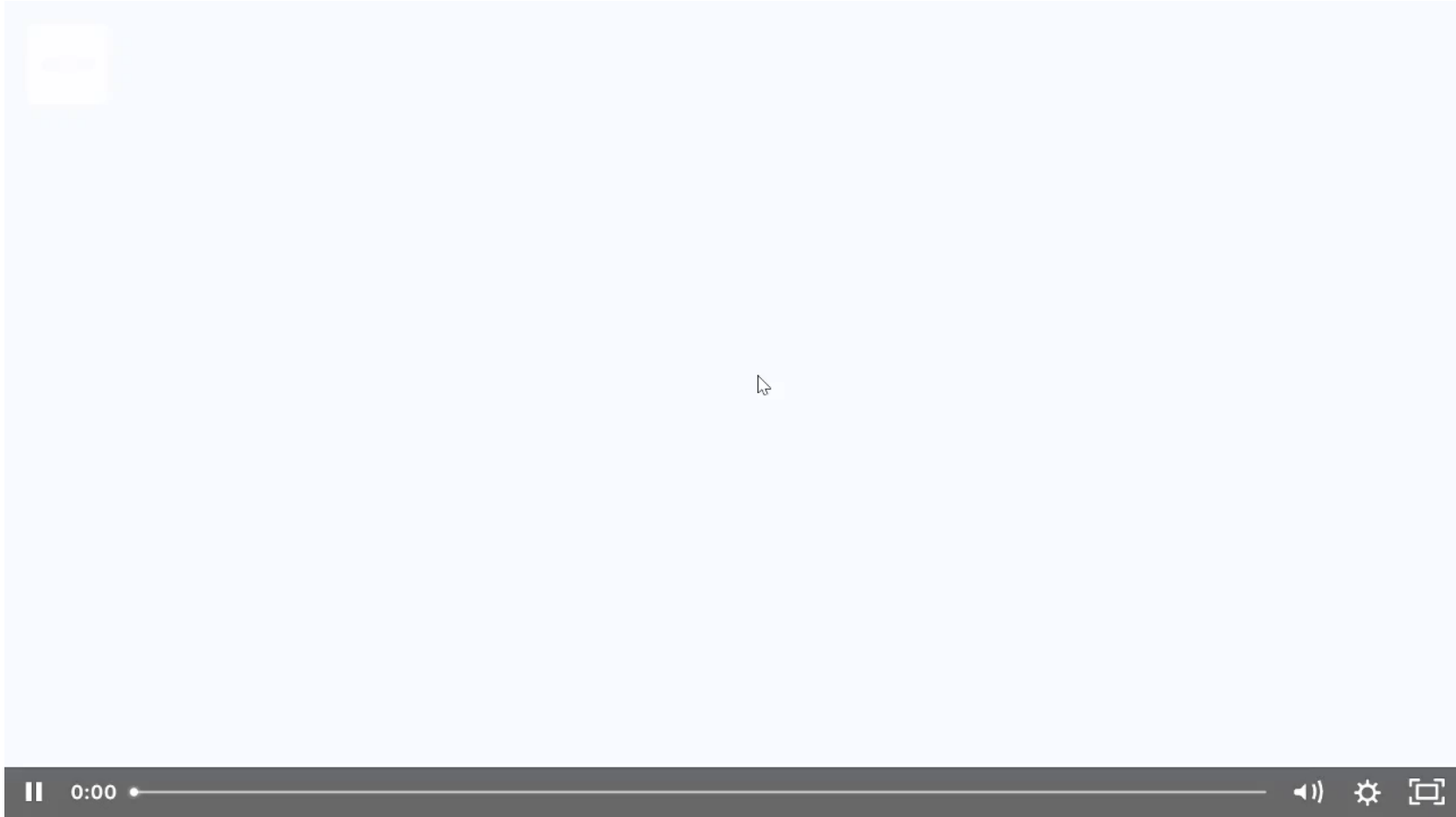
Form: 10MJ

MEG:	7		
Subject	Exam Grade/Teacher Assessment	Current Prediction	Attitude to Learning
Art	7	4	3
Design and Technology	8	8	1
English	6	5	2

One report will be ‘data only’ and one will include both data and further comments about your child’s wider contribution and development.

Satchel:one





How to log
on to
satchel:one
on your
phone



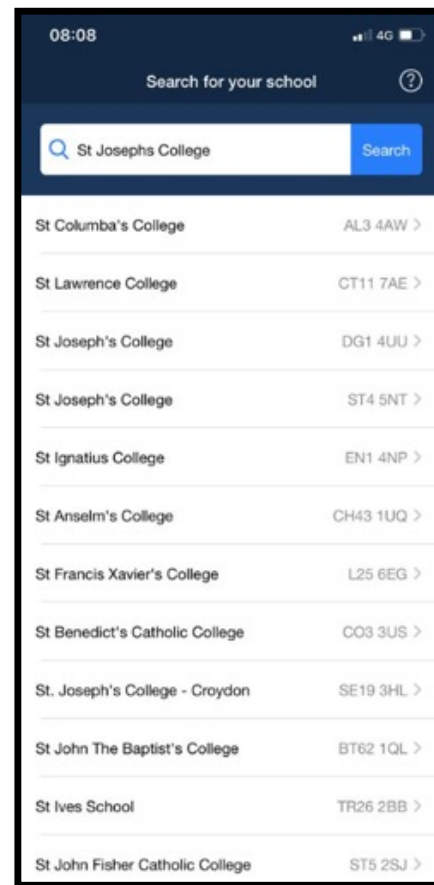
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Google™ play

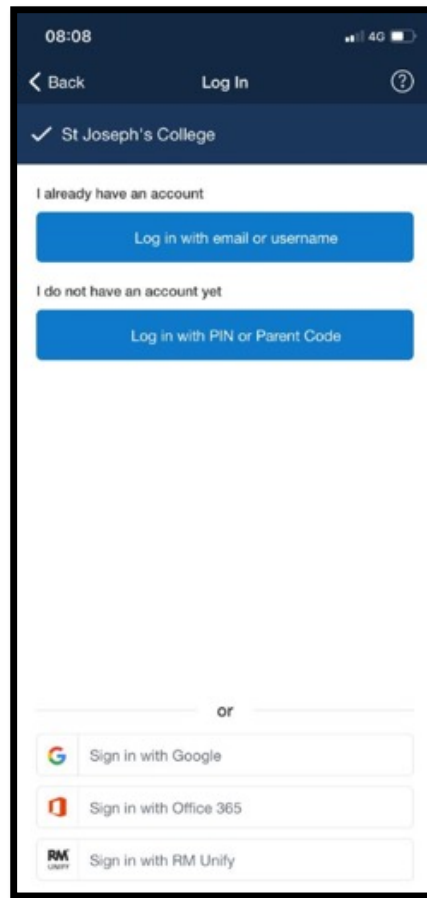


Download on the
App Store

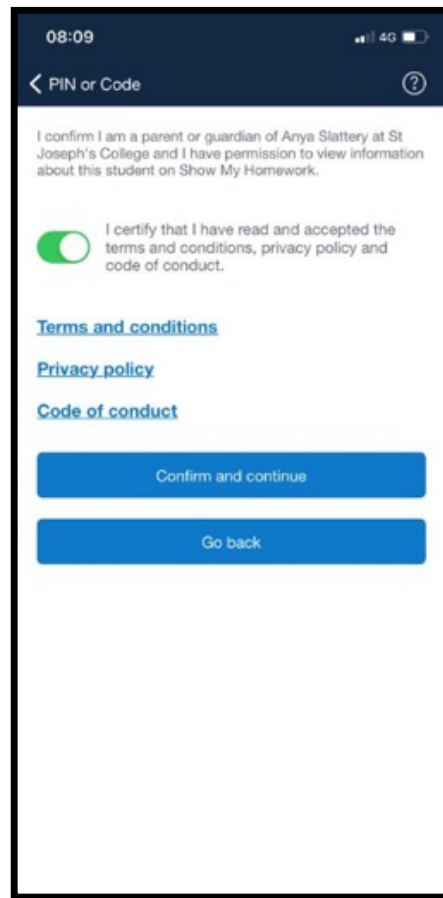
How to log on to satchel:one on your phone:



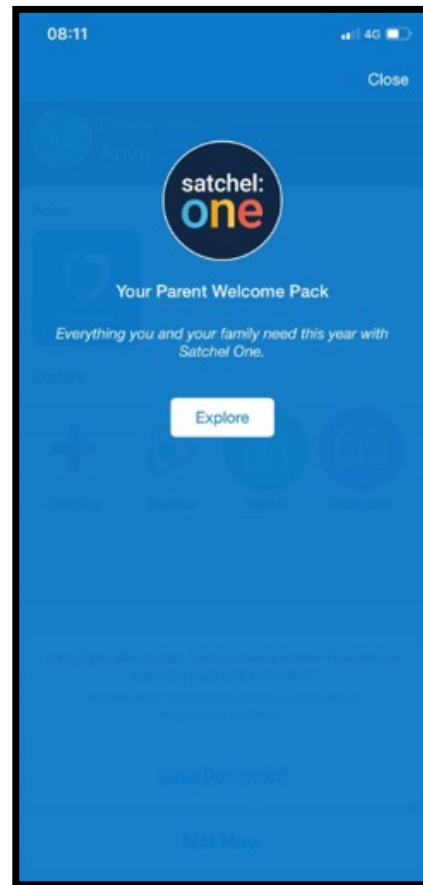
How to log on to satchel:one on your phone:



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How to log on to satchel:one on your phone:



How to log on to satchel:one on your phone:



Thank you
