# Welcome to St Joseph's College

YEAR 12 PARENTS INFORMATION EVENING



#### Dear Lord,

As we welcome our new Y12s into the St. Joseph's community

Give us the courage each day to move out of our comfort zone.

Not to jump out but rather to begin to nudge the edges and move an inch here and there.

To be brave, to make the most of our talents, to show commitment to ourselves, go for our dreams and so to truly achieve our potential.

Amen



# Introductions & School Background

MRS SIÂN GILDING (DIRECTOR OF 6TH FORM)



#### Our Distinctive Catholic Nature

- In everything that we do our Catholic faith is central
- Our school sits in the Archdiocese of Birmingham
- Not strictly a diocesan school although monitored by it
- Founded by the Christian Brothers in 1932
- A religious congregation focused on education and one that is still active
- 6 continents, 25 countries
- Approximately 200 schools, 20,000 staff and 200,000 students at any one time



#### Ofsted 2025 Sixth Form Comments

Students benefit from a high-quality and inclusive curriculum in a broad range of subjects.

- Lessons are challenging and are carefully designed to build knowledge and skills over time.
- Students are exceptionally well prepared for their next stage in education, employment or training.
- The vast majority of pupils go on to university and all are able to access their desired next step.
- The personal development curriculum offered to students in the sixth form is exemplary.
- The school actively encourage sixth form students to be of service to others in the community, mentoring younger pupils or supporting with projects for those people less fortunate than themselves.

#### Diocesan inspection in 2022

- The highly experienced pastoral leadership is valued and appreciated by students and parents alike and all staff are felt to be overwhelmingly supportive of the young people in their care.
- The leadership has a holistic vision of the human purpose which enables them to embrace both the changing and diverse nature of the world and also the Catholic point of view, holding people together in love.
- They (students) express that through their engagement with a vast variety of charitable activity, in thoughtful ways and understand WHY they do it.

### Sixth form is a time of growth

- Personal growth
- Academic growth
- Spiritual growth
- Social and moral growth

Grades are important but they are not the measure of the person

We hope to develop students that will go into the wider world who will be proud to 'Act Justly, Love Tenderly and Walk Humbly with God'.

# Year 12 Expectations

MRS LEANNE PARRY (HEAD OF YEAR 12)



## What are our Expectations?

- Expectations at St Joseph's for both our staff and students are very high - we are upfront about this
- We aspire to achieve a supportive and professional environment to prepare our students for thei best next steps beyond sixth form
- Mutual respect and professionalism.
- "We understand rules because we follow them."



#### Attendance

- Attendance is crucial in securing student progress and success
- A government study stated that students with the lowest rates of absence (less than 5%) are 4.7 times more likely to achieve the highest grades at both GCSE and A Level
- This is a shared journey and we want to partner with you to achieve the very best outcomes for your child
- The home-school relationship should be one of clear communication and mutual trust

#### Attendance

- Parent/guardian (not student) must phone the school's absence line before 8.40am if a student is not able to attend that day (and on every subsequent day)
- If students become ill during the day, they must go to either the sixth form or main school reception – they must not just go home
- For prearranged appointments, parent / guardian should email / send a letter in advance.
- Students must sign out at the sixth form reception if they are going for an appointment during the normal school day
- A Leave of Absence form must be completed for any planned periods of absence



## SAM's — Safeguarding Absence Message

For Unauthorised Absence (e.g. missed form time/lesson)

- A text will be sent home from a safeguarding point of view –
   These are known as SAMs
- These are sent home twice a day
- The day after a SAMs text, a student must provide a reason for their absence to either Mrs Lawrie or Mr Khan (Y12 learning mentors)

#### **Attendance**

- We carefully monitor all attendance (both unauthorised and authorised absence (incl illness, appointments, family circumstances)
- Supportive interventions such as catch up are in place where attendance levels fall
- If there are concerns about attendance, we will be in touch so that we can work together to improve it
- If attendance becomes a very persistent issue, the students sixth form place may be at risk

## Signing In & Out

- Students complete an 'intentions timetable' for their free periods and use the Sign in & Out book for any deviations from this
- Students CANNOT sign out and leave the school campus to go off site during their 'non timetabled study periods'
- Students may leave site at lunch (12.20pm 1.10pm) but students MUST sign out and then sign back in on their return
- Students MUST sign out if going to an appointment
- Students MUST sign out if leaving at the end of their school day
- Any questions should be directed to Form Tutors or Heads of Year

## Punctuality

- Lateness is also monitored
- Students arriving late for p2 or p4 (after break /lunch) will be issued with a Next Day Detention (NDD)
- Parent/guardian may be notified if punctuality becomes an ongoing concern



# Study

MRS LEANNE PARRY HEAD OF YEAR 12

(YEAR 12 LEARNING MENTORS - MRS LAWRIE & MR KHAN)

## **Study Expectations**

- 5 revision lessons a fortnight to support with independent learning
- Based in the Y12 study hall with a learning mentor
- Students need to ensure they have work to complete for the hour of study/revision.
  - Subject Leads have written an Independent Learning Guide for their subject area plus ensured that there are resources available as well
- Students can also complete home learning / review class notes and revise key topics
- Students will be set 5 hours of work per subject per week –
   all of which will be recorded on satchel:one



# Appearance

## Appearance

#### SIXTH FORM CODE OF DRESS (2023) Please take time to familiarise yourself with the new Code of dress for 2023. The St. Joseph's College uniform is a central part of our school's culture and we encourage all pupils to take pride in their appearance and value the sense of identity that their uniform provides. These South Form guidelines are based on how a professional would be expected to dress for work. In other words, the student should be smart, well presented and business like. Heir must be smart, well presented and looks like that of a young professional. There Should be no obvious, unnatural colours and highlights must be discreed. Heir should not be shared at a zero grading. Students may keep a need beard. Discreet make-up may be worn. No eyelash extensions. HAIR: Hijab must be plain black (or plain white in hot weather if preferred). MAKE UP: Winter scarves must not be worn indoors. Only plain, simple and discreet jewellery is allowed. · SCARVES: No facial piercings are permitted. Only one pair of discreet earnings can be worn in JEWELLERY: Students must wear a **plain** conventional tailored black suit (no pinstripes). It should be a Simple black belts only. the ear labes (i.e. no bars, stretchers, plugs or retainers). Skirts must be lined (no Lycra) and reach the top of the knee. Trouser suits may be PIERCINGS: matching jacket and trousers/skirt. worn. (no cropped or capri trousers). Plain white shirt or blouse with a collar. Short or long sleeves. Male students must wear a sixth form tie (available from local Clive Mark Schoolsess) Newcastle, Smart Uniform, Newcastle and National Schoolwest, Harley). In addition, students can wear an optional, plain V neck black jumper (To reveal tie). Shirt/Blouse: Jumpers must not be zip-up or hooded tops. No logos. No cardigare. Ties: Black shoes that are simple and formal. Trainers must not be worn Outdoor coats may be of any colour but they must be smart. Coats must Jumpers: outside of games activities. not be worn indoors. No derim or leather coals permitted. Shoes:

- Code of Dress for a professional working environment
- Uniform card to facilitate regular appearance monitoring

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Coats:



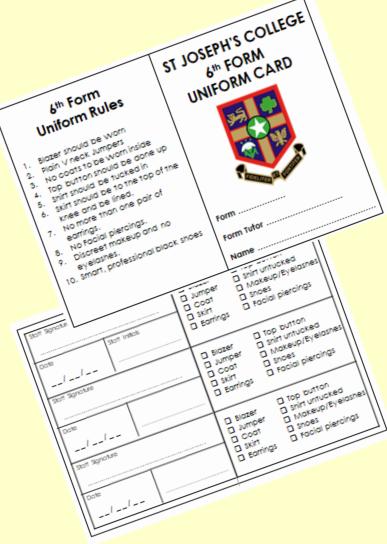
Est. 1932

6<sup>th</sup> Form Code of Dress Uniform Card

 Every student has been given a Uniform card which they must have with them every day

Form tutors will check the cards regularly

- Only ever a concern if standards are not met
- NDD if card is filled with a new uniform card to be collected from HoY / AHoY





# Rewards

MISS CHLOE HEATH

(ASSISTANT HEAD OF YEAR 12)

#### Rewards



#### **Achievement Points**

- Awarded for academic excellence, progress, attainment or distinctive behaviour as an excellent ambassador for our community
- Form group prizes
- Individual prizes
- Recognition via the satchel:one system which will be sent to your app

## Enrichment

MISS CHLOE HEATH

(ASSISTANT HEAD OF YEAR 12)

## What is Expected?

- All students must complete 40 hours of enrichment between now and Easter (broken down by term)
- These 40 hours cover two aspects:
  - Personal growth developing skills, talents and personal attributes.
  - Charitable work giving back to the school/local community.

## Why is this Expected?

- We want our students to leave our sixth form not just with the best exam results they can achieve but also......
- ....as the best person they can be giving back to the local community, helping others and developing key life skills
- Enrichment will support them in developing as a whole person whilst they are here

#### **Example Enrichment Activities**

- First aid course
- Subject mentors
- Duke of Edinburgh Silver/Gold
- Sustainability club
- Pilgrimage to Lourdes
- Orchestra / Choir
- Musical
- Careers Ambassador / Business Breakfasts
- Dougie Mac Coffee morning

- British Sign Language
- Biomed club
- Sporting activities
- Nurture Garden
- Mental Health Ambassadors
- Crotchet club
- Culture day
- Intergenerational meal
- Working with local charitable organisations & residential homes



# Form time

MR PAUL HONEYFIELD

(SIXTH FORM TUTOR)



#### Year 12 Form Time

- 8.40 9.00am every day
- Students stay with the same form tutor through both years of sixth form
  - ensures students have a key contact each day who can support them through their sixth form journey
- This relationship can be useful when 'things get tough' as they sometimes can
- Form tutors are the primary point of contact for UCAS references



#### Year 12 Form Time

- Tutor programme is well established and carefully constructed to include a range of areas:
  - Expectations
  - Discussions on Post-16 Academic Goals and Ambitions
  - Citizenship
  - Mind Talk (mental health awareness)
  - Thought for the Day
  - Study/Revision/Exam Techniques



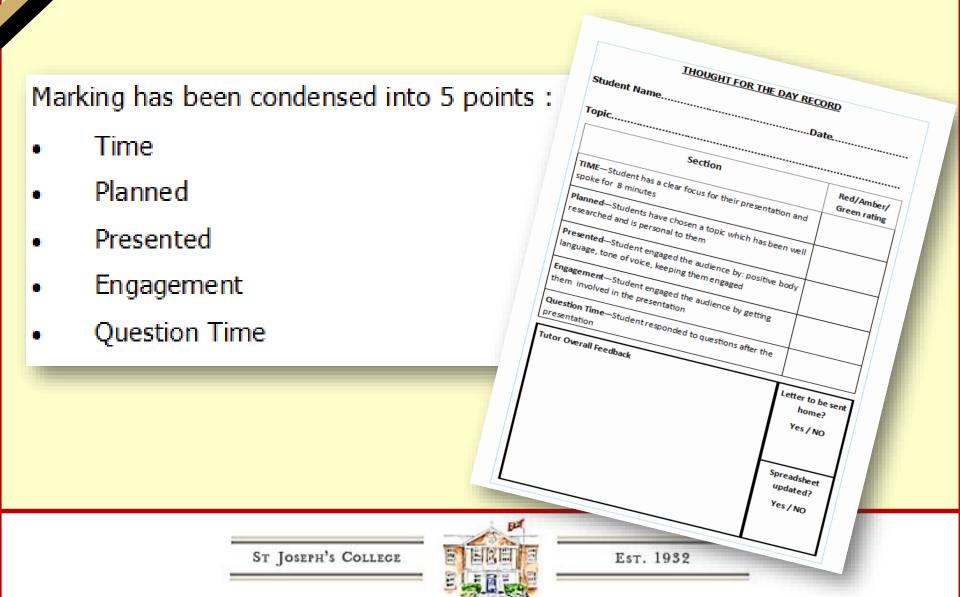
## Thought for the Day

- Key aspect of the Y12 tutor programme
- Encourages students to:
  - reflect on social and ethical issues
  - get to know their form members
  - contribute to the extra-curricular and religious life of the 6<sup>th</sup> Form
  - develop the skills of selective, analytical and critical research
  - develop good presentation skills





#### Thought for the Day Assessment



# Learning for Excellence

MRS SIÂN GILDING

(DIRECTOR OF 6TH FORM)

#### Careers

- Ensuring students are prepared for their 'Best Next Step' through our Careers programme which includes:
  - Impartial careers advisor appointments
  - Business Breakfasts (fortnightly presentations and Q&A by a broad range of business contacts)
  - Apprenticeship talks
  - Y12 Work Experience Week (start of July 2026)
  - Y12 Best Next Steps Fair with finance / personal statement / Oxbridge talks and 25+ HE / Apprenticeship providers,
  - Best Next Steps week (with a focus on UCAS / CV preparation)



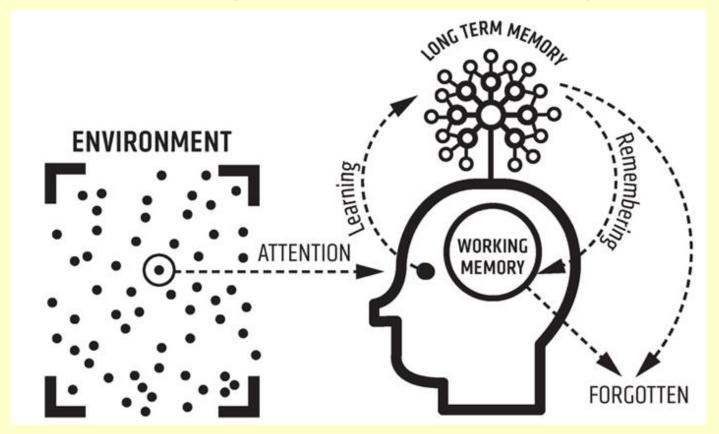
## Study Strategies

Not all study strategies are equal. Some are much more effective than others!

There has been a huge amount of **time**, **effort**, **and research** invested to find effective study strategies.

Studies and evidence are **overwhelming** about which techniques are or are not effective.

# "Learning is a change in long term memory"







#### **Learning for Excellence**



#### Taking responsibility

Attendance & punctuality - **every** lesson counts Meet **every** deadline

Bring all equipment and textbooks

Know the course content and sequence

Become an **independent** learner

Seek the support you need to manage your learning

Catch up on missed work to avoid gaps in learning

Prioritise your learning over outside commitments

#### Before the lesson

Access resources/spec./course sequence to anticipate what's being learnt next

Check the deadlines for the lesson have been met

Test yourself on last lesson's content from memory

Read ahead in preparation for the lesson in order to see the bigger picture

#### **During the lesson**

Stay engaged and on task

#### Be an active learner:

- Ask questions
- Be an active listener
- Act on feedback
- Collaborate to support one another Take notes to clarify and extend your understanding

Take pride in your work
Use the planner to record what you need to

#### do next

#### After the lesson

Complete all work and unfinished tasks to avoid gaps in learning

Review and reflect on your learning e.g. Test yourself from memory to check your understanding

Address misconceptions and gaps in knowledge with your teacher

Become an expert through practice. The more the practice, the better the performance Be proactive in completing past exam question(s)

Respond to teacher feedback and redraft your response / paragraph / essay
Recap knowledge and skills

#### Revision

Retrieval – retrieve information from memory without any cues

Spacing – retrieving information after a gap
Interleaving – revise different topics and
subjects, don't spend too long on one thing
Metacognition – understand how you learn
and what your strengths and gaps are

**Dual coding** – Combine visuals with words to help you remember learning

**Elaboration** – Use questions to expand on answers and explanations

Use key revision techniques e.g. self-testing flashcards (Leitner method), brain dumps, self-quizzing, the Pomodoro technique etc.

#### Extend your knowledge

Be ambitious - read around the subject using the reading list and academic journals Learn key vocabulary and discuss it with peers

Seek out extra-curricular opportunities Access podcasts, webinars, blogs, and magazines

Engage in careers opportunities (e.g. attending a 'Business Breakfast')
Visit museums, art galleries, exhibitions and

Find opportunities to discuss and share a passion for your subject



libraries

### Revision – Key techniques

#### **Revision**

Retrieval – retrieve information from memory without any cues

Spacing – retrieving information after a gap

Interleaving – revise different topics and subjects, don't spend too long on one thing

**Metacognition** – understand how you learn and what your strengths and gaps are

**Dual coding** – Combine visuals with words to help you remember learning

**Elaboration** – Use questions to expand on answers and explanations

**Use key revision techniques** e.g. self-testing flashcards (Leitner method), brain dumps, self-quizzing, the Pomodoro technique etc.



# What are effective study strategies?

Retrieval practice – the act of recalling information from memory. This includes quizzing and self-testing

Spaced practice – this is spacing out revision over time, the opposite to cramming



# What is retrieval practice

Retrieval practice is a learning strategy, either inside or outside of the classroom, that helps us to learn.

Retrieval practice focuses on getting information out of memory. Through the act of retrieval, which involves recalling information either verbally, or through writing, the memory is strengthened.







- Multiple choice questions or quizzes.
- Verbal recall talking about what we can remember.
- Writing (from memory) what we can recall; either as a task, or past exam question/paper
- Using mini white boards.
- Games and activities where students have to recall things from memory.





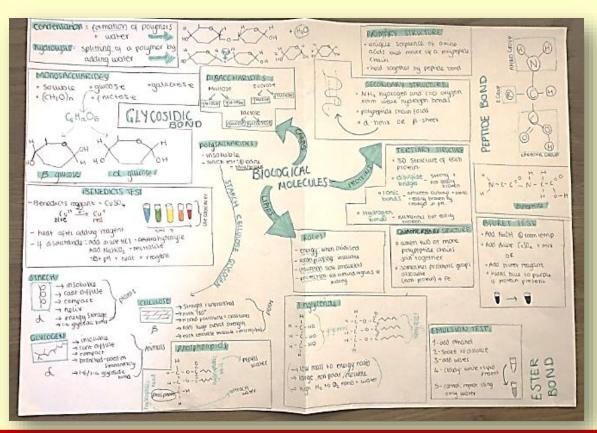
# How can you use retrieval practice at home?

- Ask your child specific questions about content studied in class.
- Ask your child about key vocabulary and the meaning.



### Retrieval practice strategies –

Brain dump from memory and then check for errors and gaps to inform future learning / revision







### Retrieval practice strategies –

Flash cards – one question and answer on reverse

Write your question here.

Write your answer on the back of the card or post-it note.

You might choose to use bullet points.



Keep it simple – these are beautiful but have too much information





Retrieve

### Flash Cards for Retrieval Practice \



- Retrieve either on your own (but answer on paper or out loud before checking the answer)
- 2. Reflect group which ones you get right and wrong so you can focus on areas of need
- 3. Reorder so that you are learning the answer not the order!
- 4. Repeat and repeat ©

Reorder

Repeat

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Reflect



Езт. 1932

# Spaced Practice



## What is spaced practice?

# 5 hours revision time is better used spread over five days than 5 hours in one day



## Spaced practice principles

- 1. Start studying early
- 2. Spread out over time
- 3. Little and often
- 4. Avoid cramming
- 5. Be organised



## Other important information

Music?

Phones?





Effective study requires a lot of self control and self regulation

# Other important information

Sleep

**Breakfast** 

Exercise







Effective study requires **a lot** of self care, self control and self regulation



## **Supporting Progress**

- Have active conversations about your child's progress.
- Monitor and support any home learning; particularly through satchel:one (please make sure you register)
- Promote the extra curricular and super curricular
- Encourage independence encourage your child to quiz themselves.
- Intervene if they are using ineffective strategies such as highlighting or underlining notes, re-reading, or simply copying.
- Discuss and share any concerns with us



### **EPQ – Extended Project Qualification**

- EPQ is an A level standard standalone qualification designed to develop student's skills beyond A level syllabus. It is an assessed process qualification
- Worth half an A level (28 UCAS points for an A\* grade)
- EPQ general information meeting and first meeting with the supervisor take place after Easter in the final term
- Students are expected to begin researching and developing their project ideas during the summer
- To complete the course, students are expected to complete 90 hrs of independent work, produce a 5000 word essay, give a 20 mins. Presentation followed by Q&A, complete an Activity Journal and a Candidate Record Form
- Entry criteria: GCSEs results (grades 7 and above)\*\*, Yr 12 Assessments, mocks results and attendance



### KEY DATES FOR THE DIARY

- 18th September Year 12 Parents' Information Evening (6pm)
- 19th September Sponsored Walk
- 3rd October CAFOD Family Fast Day
- 10th October World Mental Health Day
- 16th October Dougie Mac Coffee Morning
- **24th October** INSET Day
- 3rd November INSET Day
- **21st November** INSET Day
- 28th November 5th December Year 12 Exams
- 12th December Immersion Interviews
- 16th December Sixth Form last day before Christmas
- 17th December Carol Service at the Victoria Hall

- 21st January Year 12 Encounter Retreat \*\*
- 5th February Culture Day
- 27th February CAFOD Family Fast Day
- 20th March St Joseph's Mass (1pm
- 17th 24th April Year 12 Exams
- 8th June Year 12 Best Next Steps Evening
- 11th June Year 12 Parents' Evening & Reports
- 18th June Prize Night (6pm)
- 29th June 3<sup>rd</sup> July Year 12 Work Experience Week
- 6th July Best Next Steps Week
- 10th July Year 12 Last Day for Summer



### Y12 Exams and UCAS Predicted Grades

- The key driver for UCAS predicted grades is the final set of Y12 exams which are in April
- We do not run a set of resit exams later in the year so it is important that students take all assessments and particularly the April exams seriously
- We will support them with study guidance and advice BUT.... They must do the work

## Exam Access Arrangements

- Letters sent to all parents regarding access arrangements.
- Did your child have any exam access arrangement for GCSE examinations such as 25% extra time?
- Evidence of 'normal way of working' is required
- Please email Mrs Pearson (SENDCO) apearson@stjosephsmail.com

# Q&A